

SENSI E DILETTI

WELLNESS WINE TRAVEL

CHRISTMAS MARKETS IN ALTO ADIGE

Get ready for the most magical Christmas atmosphere imaginable. Town squares draped with decorations, trees heavy with ornaments, twinkling lights, and snow covered peaks will make you think you are living in one of Grimm's fairy tales. The scent of roasted chestnuts, nutmeg, and cinnamon fills the narrow cobblestone streets. Cozy, open huts allow you to sit for a bit with a cup of hot chocolate or mulled, spiced wine to absorb the scene. Unique artisanal gifts, like the traditional handmade woodcarvings, will provide you with the most perfect presents for friends, and loved ones.

These markets transcend imagination and religion and have miraculously managed to escape globalization. Only in Europe can you experience the enchantment and authenticity of this 600-year-old holiday tradition.



We depart in the morning for a biodynamic winery, located in a valley between the jagged peaks of the Dolomites in the Alto Adige region. After a tour of their historic cellar, we'll settle in for a light lunch and complete tasting of their wines. During lunch, Stefano will provide you with an introduction to the wine heritage of the region. From there, we'll head to bask in the holiday atmosphere at Italy's largest Christmas Market. We can assure you that you won't easily forget this enchanted atmosphere and, who knows, perhaps it will be the beginning of a new family tradition.

We would be happy to propose additional adventures upon request.

Price start at Euro 520 per person. it is possible to provide private transportation for an additional cost.

Sensi e Diletti is Italian for "senses and delights." It was founded in 2015 by long time Yoga instructor and Boston native, Sarah Sturges, and her husband, Certified Sommelier and Verona native, Stefano Zanoncello.